

Uggh! That's not real food is it?

People got very good at using substitutes during the war.

Draw a line to match the substitute to the real food.

Real Food

Substitute

Tea

Acorns

Flour

Nettle Leaves

Sugar

Parsnip

Banana

Potato

Coffee beans

Carrot

Why did people have to use substitute foods?

How did people obtain the substitute foods?